

Pokémon FireRed/LeafGreen Effort Value (EV) Chart

by Freezeyzy

Updated to v1.0 on Aug 28, 2006

This walkthrough was originally written for Pokémon FireRed on the GBA, but the walkthrough is still applicable to the GBA version of the game.

Pokémon Fire Red/Leaf Green
EV Chart v1.0
by Freezeyzy
Version 1.0

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=====
<<<<< Contents >>>>>
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Intro : About this guide
About EVs : Written by Ken J. Egervari
Pokémon Index : Arranged alphabetically by name
The EV Chart : Arranged by Pokémon ID numbers
Good EV training spots : By Amazing Ampharos
The End : Many thanks

=====
<<<<< Intro >>>>>
=====

This guide is designed primarily for use with the Fire Red and Leaf Green

versions of Pok鷲on.

The index is arranged alphabetically by name, and is designed to make it easier to find a specific Pok鷲on, should you decide to print this.

The EV chart is designed to give easy access to the Effort Values (EV) for each and every Pok鷲on in the game. All of the information used to create the chart came directly from strawhat's Pok鷲ex FAQ v3.1.

EV TYPE ABBREVIATION KEY

- HP = Hit Points = Your Pok鷲on's vitality
- ATT = Attack = Strength of non-special attacks*
- DEF = Defense = Defense against non-special attacks*
- SAT = Special Attack = Strength of special attacks*
- SDF = Special Defense = Defense against special attacks*
- SPD = Speed = Determines who attacks first in a round of battle

*NOTE: Non-special and special attack types are listed below.

Non-Special	Special
-----	-----
NORMAL	FIRE
POISON	WATER
GROUND	ELECTRIC
FLYING	GRASS
BUG	ICE
FIGHTING	PSYCHIC
ROCK	DRAGON
GHOST	DARK
STEEL	

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<<<<< About EVs >>>>>
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The following is an excerpt from Ken J. Egervari's Advanced Trainer Guide.
(http://db.gamefaqs.com/portable/gbadvance/file/pokemon_rs_trainer.txt)

The purpose of Effort Values is to describe a Pok鷲on's superiority of a particular attribute in real battle. In short, Effort Points will be allocated to your main stats whenever a battle is won. The number of points and the statistic it is allocated to is dependant on the species of your opponent. Thus, an opponent that provides Effort Values in Speed will increase the Speed statistic of your own Pok鷲on. These values can range from 0-255 (thus, a total of 256 possible values). However, you cannot have more than 510 points total so you must train wisely and give Effort Points to the stats that need it most.

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<<<<< Pok鷲on Index >>>>>
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SOURCE: <http://www.dltk-kids.com/pokemon/pokelist.htm>

- 063 - Abra
- 359 - Absol
- 142 - Aerodactyl
- 306 - Aggron
- 190 - Aipom
- 065 - Alakazam
- 334 - Altaria
- 348 - Amaldo

181 - Ampharos
347 - Anorith
024 - Arbok
059 - Arcanine
168 - Ariados
304 - Aron
144 - Articuno
184 - Azumarill
298 - Azurill
371 - Bagon
343 - Baltoy
354 - Banette
339 - Barboach
153 - Bayleef
267 - Beautifly
015 - Beedrill
374 - Beldum
182 - Bellossom
069 - Bellsprout
009 - Blastoise
257 - Blaziken
242 - Blissey
286 - Breloom
001 - Bulbasaur
012 - Butterfree
331 - Cacnea
332 - Cacturne
323 - Camerupt
318 - Carvanha
268 - Cascoon
351 - Castform
010 - Caterpie
251 - Celebi
113 - Chansey
006 - Charizard
004 - Charmander
005 - Charmeleon
152 - Chikorita
358 - Chimecho
170 - Chinchou
366 - Clamperl
344 - Claydol
036 - Clefable
035 - Clefairy
173 - Cleffa
091 - Cloyster
256 - Combusken
341 - Corphish
222 - Corsola
346 - Cradily
342 - Crawdaunt
169 - Crobat
159 - Croconaw
104 - Cubone
155 - Cyndaquil
301 - Delcatty
225 - Delibird
386 - Deoxys
087 - Dewgong
050 - Diglett

132 - Ditto
085 - Dodrio
084 - Doduo
232 - Donaphan
148 - Dragonair
149 - Dragonite
147 - Dratini
096 - Drowzee
051 - Dugtrio
206 - Dunsparce
356 - Dusclops
355 - Dusknoll
269 - Dustox
133 - Eevee
023 - Ekans
125 - Electabuzz
309 - Electrike
101 - Electrode
239 - Elekid
244 - Entei
196 - Espeon
102 - Exeggcute
103 - Exeggutor
295 - Exploud
083 - Farfetch'd
022 - Fearow
349 - Feebas
160 - Feraligatr
180 - Flaaffy
136 - Flareon
330 - Flygon
205 - Foretress
162 - Furret
282 - Gardevoir
092 - Gastly
094 - Gengar
074 - Geodude
203 - Girafarig
362 - Glalie
207 - Gligar
044 - Gloom
042 - Golbat
118 - Goldeen
055 - Golduck
076 - Golem
368 - Gorebyss
210 - Granbull
075 - Graveler
088 - Grimer
383 - Groundon
253 - Grovyle
058 - Growlithe
326 - Grumpig
316 - Gulpin
130 - Gyarados
297 - Hariyama
093 - Haunter
214 - Heracross
107 - Hitmonchan
106 - Hitmonlee

237 - Hitmontop
250 - Ho-Oh
163 - HootHoot
187 - Hoppip
116 - Horsea
229 - Houndoom
228 - Houndour
367 - Huntail
097 - Hypno
174 - Igglybuff
314 - Illumise
002 - Ivysaur
039 - Jigglypuff
385 - Jirachi
135 - Jolteon
189 - Jumpluff
124 - Jynx
140 - Kabuto
141 - Kabutops
064 - Kadabra
014 - Kakuna
115 - Kangaskhan
352 - Kecleon
230 - Kingdra
099 - Kingler
281 - Kirlia
109 - Koffing
098 - Krabby
382 - Kyogre
305 - Lairon
171 - Lanturn
131 - Lapras
246 - Larvitar
380 - Latias
381 - Latios
166 - Ledian
165 - Ledyba
108 - Lickitung
345 - Lileep
264 - Linoone
271 - Lombre
270 - Lotad
294 - Loudred
272 - Ludicolo
249 - Lugia
337 - Lunatone
370 - Luvdisc
068 - Machop
067 - Machoke
066 - Machop
240 - Magby
219 - Magcargo
129 - Magikarp
126 - Magmar
081 - Magnemite
082 - Magneton
296 - Makuhita
310 - Manectric
056 - Mankey
226 - Mantine

179 - Mareep
183 - Marill
105 - Marowak
259 - Marshtomp
284 - Masquerain
303 - Mawile
308 - Medicham
307 - Meditite
154 - Meganium
052 - Meowth
376 - Metagross
375 - Metang
011 - Metapod
151 - Mew
150 - Mewtwo
262 - Mightyena
350 - Milotic
241 - Miltank
312 - Minun
200 - Misdreavus
146 - Moltres
122 - Mr. Mime
258 - Mudkip
089 - Muk
198 - Murkrow
177 - Natu
034 - Nidoking
031 - Nidoqueen
029 - Nidoran Female
032 - Nidoran Male
030 - Nidorina
033 - Nidorino
290 - Nincada
038 - Ninetales
291 - Ninjask
164 - Noctowl
299 - Nosepass
322 - Numel
274 - Nuzleaf
224 - Octillery
043 - Oddish
138 - Omanyte
139 - Omastar
095 - Onix
046 - Paras
047 - Parasect
279 - Pelipper
053 - Persian
231 - Phanpy
172 - Pichu
018 - Pidgeot
017 - Pidgeotto
016 - Pidgey
025 - Pikachu
221 - Piloswine
204 - Pineco
127 - Pinsir
311 - Plusle
186 - Politoed
060 - Poliwag

061 - Poliwhirl
062 - Poliwrath
077 - Ponyta
261 - Poochyena
137 - Porygon
233 - Porygon2
057 - Primeape
054 - Psyduck
247 - Pupitar
195 - Quagsire
156 - Quilava
211 - Quilfish
026 - Raichu
243 - Raikou
280 - Ralts
078 - Rapidash
020 - Raticate
019 - Rattata
384 - Rayquaza
378 - Regice
377 - Regirock
379 - Registeel
369 - Relicanth
223 - Remoraid
112 - Rhydon
111 - Rhyhorn
315 - Roselia
302 - Sableye
373 - Salamence
027 - Sandshrew
028 - Sandslash
254 - Sceptile
213 - Schuckle
212 - Scizor
123 - Scyther
117 - Seadra
119 - Seaking
364 - Sealeo
273 - Seedot
086 - Seel
277 - Sellow
161 - Sentret
336 - Seviper
319 - Sharpedo
292 - Shedinja
372 - Shelgon
090 - Shellder
275 - Shiftry
285 - Shroomish
353 - Shuppet
266 - Silcoon
227 - Skarmony
188 - Skiploom
300 - Skitty
289 - Slaking
287 - Slakoth
080 - Slowbro
199 - Slowking
079 - Slowpoke
218 - Slugma

235 - Smeargle
238 - Smoochum
215 - Sneazle
143 - Snorlax
361 - Snorunt
209 - Snubbull
338 - Solrock
021 - Spearow
363 - Spheal
167 - Spinarak
327 - Spinda
325 - Spoink
007 - Squirtle
234 - Stantler
121 - Starmie
120 - Staryu
208 - Steelix
185 - Sudowoodo
245 - Suicune
192 - Sunflora
191 - Sunkern
283 - Surskit
333 - Swablu
317 - Swalot
260 - Swampert
220 - Swinub
276 - Taillow
114 - Tangela
128 - Tauros
216 - Teddiursa
072 - Tentacool
073 - Tentacruel
175 - Togepi
176 - Togetic
255 - Torchic
324 - Torkoal
158 - Totodile
328 - Trapinch
252 - Treecko
357 - Tropius
157 - Typhlosion
248 - Tyranitar
236 - Tyrogue
197 - Umbreon
201 - Unown
217 - Ursaring
134 - Vaporeon
049 - Venomoth
048 - Venonat
003 - Venusaur
329 - Vibrava
071 - Victreebel
288 - Vigoroth
045 - Vileplume
313 - Volbeat
100 - Voltorb
037 - Vulpix
320 - Wailmer
321 - Wailord
365 - Walrein

- 008 - Wartortle
- 013 - Weedle
- 070 - Weepinbell
- 110 - Weezing
- 340 - Whiscash
- 293 - Whismur
- 040 - Wigglytuff
- 278 - Wingull
- 202 - Woobuffet
- 194 - Wooper
- 265 - Wurmple
- 360 - Wynaut
- 178 - Xatu
- 193 - Yanma
- 335 - Zangoose
- 145 - Zapdos
- 263 - Zigzagoon
- 041 - Zubat

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 <<<< The EV Chart >>>>
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Num	Name	TYPE	HP	ATT	DEF	SAT	SDF	SPD
001	Bulbasaur	Grass/Poison	1
002	Ivysaur	Grass/Poison	1	1	...
003	Venusaur	Grass/Poison	2	1	...
004	Charmander	Fire	1
005	Charmeleon	Fire	1	...	1
006	Charizard	Fire	3
007	Squirtle	Water	1
008	Wartortle	Water	1	...	1	...
009	Blastoise	Water	3	...
010	Caterpie	Bug	1
011	Metapod	Bug	2
012	Butterfree	Bug/Flying	2	1	...
013	Weedle	Bug/Poison	1
014	Kakuna	Bug/Poison	2
015	Beedrill	Bug/Poison	...	2	1	...
016	Pidgey	Normal/Flying	1
017	Pidgeotto	Normal/Flying	2
018	Pidgeot	Normal/Flying	3
019	Rattata	Normal	1
020	Raticate	Normal	2

Num	Name	TYPE	HP	ATT	DEF	SAT	SDF	SPD
021	Spearow	Normal/Flying	2
022	Fearow	Normal/Flying	1
023	Ekans	Poison	...	1
024	Arbok	Poison	...	2
025	Pikachu	Electric	2
026	Raichu	Electric	3
027	Sandshrew	Ground	1
028	Sandslash	Ground	2
029	Nidoran (F)	Poison	1
030	Nidorina	Poison	2
031	Nidoqueen	Poison/Ground	3

032	- Nidoran (M)	- Poison	- ...	- 1	- ...	- ...	- ...	- ...
033	- Nidorino	- Poison	- ...	- 2	- ...	- ...	- ...	- ...
034	- Nidoking	- Poison/Ground	- ...	- 3	- ...	- ...	- ...	- ...
035	- Clefairy	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
036	- Clefable	- Normal	- 3	- ...	- ...	- ...	- ...	- ...
037	- Vulpix	- Fire	- ...	- ...	- ...	- ...	- ...	- 1
038	- Ninetales	- Fire	- ...	- ...	- ...	- ...	- 1	- 1
039	- Jigglypuff	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
040	- Wigglytuff	- Normal	- 3	- ...	- ...	- ...	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
041	- Zubat	- Poison/Flying	- ...	- ...	- ...	- ...	- ...	- 1
042	- Golbat	- Poison/Flying	- ...	- ...	- ...	- ...	- ...	- 2
043	- Oddish	- Poison/Grass	- ...	- ...	- ...	- 1	- ...	- ...
044	- Gloom	- Poison/Grass	- ...	- ...	- ...	- 1	- ...	- ...
045	- Vileplume	- Poison/Grass	- ...	- ...	- ...	- 3	- ...	- ...
046	- Paras	- Bug/Grass	- ...	- 1	- ...	- ...	- ...	- ...
047	- Parasect	- Bug/Grass	- ...	- 2	- 1	- ...	- ...	- ...
048	- Venonat	- Bug/Poison	- ...	- ...	- ...	- ...	- 1	- ...
049	- Venomoth	- Bug/Poison	- ...	- ...	- ...	- 1	- ...	- 1
050	- Diglett	- Ground	- ...	- ...	- ...	- ...	- ...	- 1
051	- Dugtrio	- Ground	- ...	- ...	- ...	- ...	- ...	- 2
052	- Meowth	- Normal	- ...	- ...	- ...	- ...	- ...	- 1
053	- Persian	- Normal	- ...	- ...	- ...	- ...	- ...	- 2
054	- Psyduck	- Water	- ...	- ...	- ...	- 1	- ...	- ...
055	- Golduck	- Water	- ...	- ...	- ...	- 2	- ...	- ...
056	- Mankey	- Fighting	- ...	- 1	- ...	- ...	- ...	- ...
057	- Primeape	- Fighting	- ...	- 2	- ...	- ...	- ...	- ...
058	- Growlithe	- Fire	- ...	- 1	- ...	- ...	- ...	- ...
059	- Arcanine	- Fire	- ...	- 2	- ...	- ...	- ...	- ...
060	- Poliwhag	- Water	- ...	- ...	- ...	- ...	- ...	- 1

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
061	- Poliwhirl	- Water	- ...	- ...	- ...	- ...	- ...	- 2
062	- Poliwrath	- Water/Fighting	- ...	- ...	- 3	- ...	- ...	- ...
063	- Abra	- Psychic	- ...	- ...	- ...	- 1	- ...	- ...
064	- Kadabra	- Psychic	- ...	- ...	- ...	- 2	- ...	- ...
065	- Alakazam	- Psychic	- ...	- ...	- ...	- 2	- ...	- ...
066	- Machop	- Fighting	- ...	- 1	- ...	- ...	- ...	- ...
067	- Machoke	- Fighting	- ...	- 2	- ...	- ...	- ...	- ...
068	- Machamp	- Fighting	- ...	- 3	- ...	- ...	- ...	- ...
069	- Bellsprout	- Grass/Poison	- ...	- 1	- ...	- ...	- ...	- ...
070	- Weepinbell	- Grass/Poison	- ...	- 2	- ...	- ...	- ...	- ...
071	- Victreebel	- Grass/Poison	- ...	- 3	- ...	- ...	- ...	- ...
072	- Tentacool	- Water/Poison	- ...	- ...	- ...	- ...	- 1	- ...
073	- Tentacruel	- Water/Poison	- ...	- ...	- ...	- ...	- 2	- ...
074	- Geodude	- Rock/Ground	- ...	- ...	- 1	- ...	- ...	- ...
075	- Graveler	- Rock/Ground	- ...	- ...	- 2	- ...	- ...	- ...
076	- Golem	- Rock/Ground	- ...	- ...	- 3	- ...	- ...	- ...
077	- Ponyta	- Fire	- ...	- ...	- ...	- ...	- ...	- 1
078	- Rapidash	- Fire	- ...	- ...	- ...	- ...	- ...	- 2
079	- Slowpoke	- Water/Psychic	- 1	- ...	- ...	- ...	- ...	- ...
080	- Slowbro	- Water/Psychic	- ...	- ...	- 2	- ...	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
081	- Magnemite	- Electric/Steel	- ...	- ...	- ...	- 1	- ...	- ...
082	- Magnetron	- Electric/Steel	- ...	- ...	- ...	- 2	- ...	- ...

083	- Farfetch'd	- Normal/Flying	- ...	- 1	- ...	- ...	- ...	- ...
084	- Doduo	- Normal/Flying	- ...	- 1	- ...	- ...	- ...	- ...
085	- Dodrio	- Normal/Flying	- ...	- 2	- ...	- ...	- ...	- ...
086	- Seel	- Water	- ...	- ...	- ...	- ...	- 1	- ...
087	- Dewgong	- Water/Ice	- ...	- ...	- ...	- ...	- 1	- ...
088	- Grimer	- Poison	- 1	- ...	- ...	- ...	- ...	- ...
089	- Muk	- Poison	- 1	- 1	- ...	- ...	- ...	- ...
090	- Shellder	- Water	- ...	- ...	- 1	- ...	- ...	- ...
091	- Cloyster	- Water/Ice	- ...	- ...	- 2	- ...	- ...	- ...
092	- Gastly	- Poison/Ghost	- ...	- ...	- ...	- 1	- ...	- ...
093	- Haunter	- Poison/Ghost	- ...	- ...	- ...	- 2	- ...	- ...
094	- Gengar	- Poison/Ghost	- ...	- ...	- ...	- 3	- ...	- ...
095	- Onix	- Rock/Ground	- ...	- ...	- 1	- ...	- ...	- ...
096	- Drowsee	- Psychic	- ...	- ...	- ...	- ...	- 1	- ...
097	- Hypno	- Psychic	- ...	- ...	- ...	- ...	- 2	- ...
098	- Krabby	- Water	- ...	- 1	- ...	- ...	- ...	- ...
099	- Kingler	- Water	- ...	- 2	- ...	- ...	- ...	- ...
100	- Voltorb	- Electric	- ...	- ...	- ...	- ...	- ...	- 1

=====
Num - Name - TYPE - HP - ATT - DEF - SAT - SDF - SPD
=====

101	- Electrode	- Electric	- ...	- ...	- ...	- ...	- ...	- 2
102	- Exeggcute	- Grass/Psychic	- ...	- ...	- 1	- ...	- ...	- ...
103	- Exeggutor	- Grass/Psychic	- ...	- ...	- ...	- 2	- ...	- ...
104	- Cubone	- Ground	- ...	- ...	- 1	- ...	- ...	- ...
105	- Marowak	- Ground	- ...	- ...	- 2	- ...	- ...	- ...
106	- Hitmonlee	- Fighting	- ...	- 2	- ...	- ...	- ...	- ...
107	- Hitmonchan	- Fighting	- ...	- ...	- ...	- ...	- 2	- ...
108	- Lickitung	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
109	- Koffing	- Poison	- ...	- ...	- 1	- ...	- ...	- ...
110	- Weezing	- Poison	- ...	- ...	- 2	- ...	- ...	- ...
111	- Rhyhorn	- Rock/Ground	- ...	- ...	- 1	- ...	- ...	- ...
112	- Rhydon	- Rock/Ground	- ...	- 2	- ...	- ...	- ...	- ...
113	- Chansey	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
114	- Tangela	- Grass	- ...	- ...	- 1	- ...	- ...	- ...
115	- Kangaskhan	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
116	- Horsea	- Water	- ...	- ...	- ...	- 1	- ...	- ...
117	- Seadra	- Water	- ...	- ...	- 1	- 1	- ...	- ...
118	- Goldeen	- Water	- ...	- 1	- ...	- ...	- ...	- ...
119	- Seaking	- Water	- ...	- 2	- ...	- ...	- ...	- ...
120	- Staryu	- Water	- ...	- ...	- ...	- ...	- ...	- 1

=====
Num - Name - TYPE - HP - ATT - DEF - SAT - SDF - SPD
=====

121	- Starmie	- Water/Psychic	- ...	- ...	- ...	- ...	- ...	- 2
122	- Mr. Mime	- Psychic	- ...	- ...	- ...	- ...	- 2	- ...
123	- Scyther	- Bug/Flying	- ...	- 1	- ...	- ...	- ...	- ...
124	- Jynx	- Ice/Psychic	- ...	- ...	- ...	- 2	- ...	- ...
125	- Electrabuzz	- Electric	- ...	- ...	- ...	- ...	- ...	- 2
126	- Magmar	- Fire	- ...	- ...	- ...	- 2	- ...	- ...
127	- Pinsir	- Bug	- ...	- 2	- ...	- ...	- ...	- ...
128	- Tauros	- Normal	- ...	- 1	- ...	- ...	- ...	- 1
129	- Magikarp	- Water	- ...	- ...	- ...	- ...	- ...	- 1
130	- Gyarados	- Water/Flying	- ...	- 2	- ...	- ...	- ...	- ...
131	- Lapras	- Water/Ice	- 2	- ...	- ...	- ...	- ...	- ...
132	- Ditto	- Normal	- 1	- ...	- ...	- ...	- ...	- ...
133	- Eevee	- Normal	- ...	- ...	- ...	- ...	- 1	- ...
134	- Vaporeon	- Water	- 2	- ...	- ...	- ...	- ...	- ...
135	- Jolteon	- Electric	- ...	- ...	- ...	- ...	- ...	- 2
136	- Flareon	- Fire	- ...	- 2	- ...	- ...	- ...	- ...

137	- Porygon	- Normal	- ...	- ...	- ...	- 1	- ...	- ...
138	- Omanyte	- Rock/Water	- ...	- ...	- ...	- 1	- ...	- ...
139	- Omastar	- Rock/Water	- ...	- ...	- ...	- 2	- ...	- ...
140	- Kabuto	- Rock/Water	- ...	- ...	- ...	- 1	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
141	- Kabutops	- Rock/Water	- ...	- 2	- ...	- ...	- ...	- ...
142	- Aerodactyl	- Rock/Flying	- ...	- ...	- ...	- ...	- ...	- 2
143	- Snorlax	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
144	- Articuno	- Ice/Flying	- ...	- ...	- ...	- ...	- 3	- ...
145	- Zapdos	- Flying/Electric	- ...	- ...	- ...	- 3	- ...	- ...
146	- Moltres	- Flying/Fire	- ...	- ...	- ...	- 3	- ...	- ...
147	- Dratini	- Dragon	- ...	- 1	- ...	- ...	- ...	- ...
148	- Dragonair	- Dragon	- ...	- 2	- ...	- ...	- ...	- ...
149	- Dragonite	- Dragon/Flying	- ...	- 3	- ...	- ...	- ...	- ...
150	- Mewtwo	- Psychic	- ...	- ...	- ...	- 3	- ...	- ...
151	- Mew	- Psychic	- 3	- ...	- ...	- ...	- ...	- ...
152	- Chikorita	- Grass	- ...	- ...	- ...	- ...	- 1	- ...
153	- Bayleef	- Grass	- ...	- ...	- 1	- ...	- 1	- ...
154	- Meganium	- Grass	- ...	- ...	- 1	- ...	- 2	- ...
155	- Cyndaquil	- Fire	- ...	- ...	- ...	- ...	- ...	- 1
156	- Quilava	- Fire	- ...	- ...	- ...	- 1	- ...	- 1
157	- Typhlosion	- Fire	- ...	- ...	- ...	- 3	- ...	- ...
158	- Totodile	- Water	- ...	- 1	- ...	- ...	- ...	- ...
159	- Croconaw	- Water	- ...	- 1	- 1	- ...	- ...	- ...
160	- Feraligatr	- Water	- ...	- 2	- 1	- ...	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
161	- Sentret	- Normal	- ...	- 1	- ...	- ...	- ...	- ...
162	- Furret	- Normal	- ...	- ...	- ...	- ...	- ...	- 2
163	- Hoothoot	- Normal/Flying	- 1	- ...	- ...	- ...	- ...	- ...
164	- Noctowl	- Normal/Flying	- 2	- ...	- ...	- ...	- ...	- ...
165	- Ledyba	- Bug/Flying	- ...	- ...	- ...	- ...	- 1	- ...
166	- Ledian	- Bug/Flying	- ...	- ...	- ...	- ...	- 2	- ...
167	- Spinarak	- Bug/Poison	- ...	- 1	- ...	- ...	- ...	- ...
168	- Ariados	- Bug/Poison	- ...	- 2	- ...	- ...	- ...	- ...
169	- Crobat	- Poison/Flying	- ...	- ...	- ...	- ...	- ...	- 3
170	- Chinchou	- Electric/Water	- 1	- ...	- ...	- ...	- ...	- ...
171	- Lanturn	- Electric/Water	- 2	- ...	- ...	- ...	- ...	- ...
172	- Pichu	- Electric	- ...	- ...	- ...	- ...	- ...	- 1
173	- Cleffa	- Normal	- ...	- ...	- ...	- ...	- 1	- ...
174	- Igglybuff	- Normal	- 1	- ...	- ...	- ...	- ...	- ...
175	- Togepi	- Normal	- ...	- ...	- ...	- ...	- 1	- ...
176	- Togetic	- Normal/Flying	- ...	- ...	- ...	- ...	- 2	- ...
177	- Natu	- Psychic/Flying	- ...	- ...	- ...	- 1	- ...	- ...
178	- Xatu	- Psychic/Flying	- ...	- ...	- ...	- 1	- ...	- 1
179	- Mareep	- Electric	- ...	- ...	- ...	- 1	- ...	- ...
180	- Flaaffy	- Electric	- ...	- ...	- ...	- 2	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
181	- Ampharos	- Electric	- ...	- ...	- ...	- 3	- ...	- ...
182	- Bellossom	- Grass	- ...	- ...	- ...	- ...	- 3	- ...
183	- Marill	- Water	- 2	- ...	- ...	- ...	- ...	- ...
184	- Azumarill	- Water	- 3	- ...	- ...	- ...	- ...	- ...
185	- Sudowoodo	- Rock	- ...	- ...	- 2	- ...	- ...	- ...
186	- Politoed	- Water	- ...	- ...	- ...	- ...	- 3	- ...
187	- Hoppip	- Grass/Flying	- ...	- ...	- ...	- ...	- 1	- ...

Num	Name	TYPE	HP	ATT	DEF	SAT	SDF	SPD
241	Miltank	Normal	2
242	Blissey	Normal	3
243	Raikou	Electric	1	...	2
244	Entei	Fire	1	2
245	Suicune	Water	1	...	2	...
246	Larvitar	Rock/Ground	...	1
247	Pupitar	Rock/Ground	...	2
248	Tyranitar	Rock/Dark	...	3
249	Lugia	Psychic/Flying	3	...
250	Ho-oh	Fire/Flying	3	...
251	Celebi	Grass/Psychic	3
252	Treecko	Grass	1
253	Grovyle	Grass	2
254	Sceptile	Grass	3
255	Torchic	Fire	1
256	Combusken	Fire/Fighting	...	1	...	1
257	Blaziken	Fire/Fighting	...	3
258	Mudkip	Water/Ground	...	1
259	Marshtomp	Water/Ground	...	2
260	Swampert	Water/Ground	...	3

Num	Name	TYPE	HP	ATT	DEF	SAT	SDF	SPD
261	Poochyena	Dark	...	1
262	Mightyena	Dark	...	2
263	Zigzagoon	Normal	1
264	Linoone	Normal	2
265	Wurmple	Bug	1
266	Silcoon	Bug	2
267	Beautifly	Bug/Flying	3
268	Cascoon	Bug	2
269	Dustox	Bug/Poison	3	...
270	Lotad	Water/Grass	1	...
271	Lombre	Water/Grass	2	...
272	Ludicolo	Water/Grass	3	...
273	Seedot	Grass	1
274	Nuzleaf	Grass/Dark	...	2
275	Shiftry	Grass/Dark	...	3
276	Tailow	Normal/Flying	1
277	Swellow	Normal/Flying	2
278	Wingull	Water/Flying	1
279	Pelipper	Water/Flying	2
280	Ralts	Psychic	1

Num	Name	TYPE	HP	ATT	DEF	SAT	SDF	SPD
281	Kirlia	Psychic	2
282	Gardevoir	Psychic	3
283	Surskit	Water/Bug	1
284	Masquerain	Flying/Bug	1	1	...
285	Shroomish	Grass	1
286	Breloom	Grass/Fighting	...	2
287	Slakoth	Normal	1
288	Vigoroth	Normal	2
289	Slaking	Normal	3
290	Nincada	Bug/Ground	1
291	Ninjask	Bug/Flying	2
292	Shedinja	Bug/Ghost	2

293	- Whismur	- Normal	- 1	- ...	- ...	- ...	- ...	- ...
294	- Loudred	- Normal	- 2	- ...	- ...	- ...	- ...	- ...
295	- Exploud	- Normal	- 3	- ...	- ...	- ...	- ...	- ...
296	- Makuhita	- Fighting	- 1	- ...	- ...	- ...	- ...	- ...
297	- Hariyama	- Fighting	- 2	- ...	- ...	- ...	- ...	- ...
298	- Azurill	- Normal	- 1	- ...	- ...	- ...	- ...	- ...
299	- Nosepass	- Rock	- ...	- ...	- 1	- ...	- ...	- ...
300	- Skitty	- Normal	- ...	- ...	- ...	- ...	- ...	- 1

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
301	- Delcatty	- Normal	- 1	- ...	- ...	- ...	- ...	- 1
302	- Sableye	- Dark/Ghost	- ...	- 1	- 1	- ...	- ...	- ...
303	- Mawile	- Steel	- ...	- 1	- 1	- ...	- ...	- ...
304	- Aron	- Steel/Rock	- ...	- ...	- 1	- ...	- ...	- ...
305	- Lairon	- Steel/Rock	- ...	- ...	- 2	- ...	- ...	- ...
306	- Aggron	- Steel/Rock	- ...	- ...	- 3	- ...	- ...	- ...
307	- Meditite	- Fighting/Psychic	- ...	- ...	- ...	- ...	- ...	- 1
308	- Medicham	- Fighting/Psychic	- ...	- ...	- ...	- ...	- ...	- 2
309	- Electrike	- Electric	- ...	- ...	- ...	- ...	- ...	- 1
310	- Manectric	- Electric	- ...	- ...	- ...	- ...	- ...	- 2
311	- Plusle	- Electric	- ...	- ...	- ...	- ...	- ...	- 1
312	- Minun	- Electric	- ...	- ...	- ...	- ...	- ...	- 1
313	- Volbeat	- Bug	- ...	- ...	- ...	- ...	- ...	- 1
314	- Illumise	- Bug	- ...	- ...	- ...	- ...	- ...	- 1
315	- Roselia	- Grass/Poison	- ...	- ...	- ...	- 1	- ...	- ...
316	- Gulpin	- Poison	- 1	- ...	- ...	- ...	- ...	- ...
317	- Swalot	- Poison	- 2	- ...	- ...	- ...	- ...	- ...
318	- Carvanha	- Water/Dark	- ...	- 1	- ...	- ...	- ...	- ...
319	- Sharpedo	- Water/Dark	- ...	- 2	- ...	- ...	- ...	- ...
320	- Wailmer	- Water	- 1	- ...	- ...	- ...	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
321	- Wailord	- Water	- 2	- ...	- ...	- ...	- ...	- ...
322	- Numel	- Fire/Ground	- ...	- ...	- ...	- 1	- ...	- ...
323	- Camerupt	- Fire/Ground	- ...	- 1	- ...	- 1	- ...	- ...
324	- Torkoal	- Fire	- ...	- ...	- 2	- ...	- ...	- ...
325	- Spoink	- Psychic	- ...	- ...	- ...	- ...	- 1	- ...
326	- Grumpig	- Psychic	- ...	- ...	- ...	- ...	- 2	- ...
327	- Spinda	- Normal	- ...	- ...	- ...	- 1	- ...	- ...
328	- Trapinch	- Ground	- ...	- 1	- ...	- ...	- ...	- ...
329	- Vibrava	- Ground/Dragon	- ...	- 1	- ...	- ...	- ...	- 1
330	- Flygon	- Ground/Dragon	- ...	- 1	- ...	- ...	- ...	- 2
331	- Cacnea	- Grass	- ...	- ...	- ...	- 1	- ...	- ...
332	- Cacturne	- Grass/Dark	- ...	- 1	- ...	- 1	- ...	- ...
333	- Swablu	- Normal/Flying	- ...	- ...	- ...	- ...	- 1	- ...
334	- Altaria	- Dragon/Flying	- ...	- ...	- ...	- ...	- 2	- ...
335	- Zangoose	- Normal	- ...	- 2	- ...	- ...	- ...	- ...
336	- Seviper	- Poison	- ...	- 1	- ...	- 1	- ...	- ...
337	- Lunatone	- Rock/Psychic	- ...	- ...	- ...	- 2	- ...	- ...
338	- Solrock	- Rock/Psychic	- ...	- 2	- ...	- ...	- ...	- ...
339	- Barboach	- Ground/Water	- 1	- ...	- ...	- ...	- ...	- ...
340	- Whiscash	- Ground/Water	- 2	- ...	- ...	- ...	- ...	- ...

Num	- Name	- TYPE	- HP	- ATT	- DEF	- SAT	- SDF	- SPD
341	- Corphish	- Water	- ...	- 1	- ...	- ...	- ...	- ...
342	- Crawdaunt	- Water/Dark	- ...	- 2	- ...	- ...	- ...	- ...
343	- Baltoy	- Psychic/Ground	- ...	- ...	- ...	- ...	- 1	- ...

```

344 - Claydol      - Psychic/Ground - ... - ... - ... - ... - 2 - ...
345 - Lileep       - Rock/Grass     - ... - ... - ... - ... - 1 - ...
346 - Cradily      - Rock/Grass     - ... - ... - ... - ... - 2 - ...
347 - Anorith      - Rock/Bug       - ... - 1 - ... - ... - ... - ...
348 - Armaldo      - Rock/Bug       - ... - 2 - ... - ... - ... - ...
349 - Feebas       - Water          - ... - ... - ... - ... - ... - 1
350 - Milotic      - Water          - ... - ... - ... - ... - 2 - ...
351 - Castform     - Normal         - 1 - ... - ... - ... - ... - ...
352 - Kecleon     - Normal         - ... - ... - ... - ... - 1 - ...
353 - Shuppet      - Ghost          - ... - 1 - ... - ... - ... - ...
354 - Banette      - Ghost          - ... - 2 - ... - ... - ... - ...
355 - Duskkull     - Ghost          - ... - ... - 1 - ... - 1 - ...
356 - Dusclops     - Ghost          - ... - ... - 1 - ... - 2 - ...
357 - Tropius      - Flying/Grass   - 2 - ... - ... - ... - ... - ...
358 - Chimecho     - Psychic        - ... - ... - ... - 1 - 1 - ...
359 - Absol        - Dark           - ... - 2 - ... - ... - ... - ...
360 - Wynaut       - Psychic        - 1 - ... - ... - ... - ... - ...

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=====
Num - Name      - TYPE          - HP - ATT - DEF - SAT - SDF - SPD
=====
361 - Snorunt   - Ice           - 1 - ... - ... - ... - ... - ...
362 - Glalie    - Ice           - 2 - ... - ... - ... - ... - ...
363 - Spheal    - Ice/Water     - 1 - ... - ... - ... - ... - ...
364 - Sealeo    - Ice/Water     - 2 - ... - ... - ... - ... - ...
365 - Walrein   - Ice/Water     - 3 - ... - ... - ... - ... - ...
366 - Clamperl  - Water         - ... - ... - 1 - ... - ... - ...
367 - Huntail   - Water         - ... - 1 - 1 - ... - ... - ...
368 - Gorebyss  - Water         - ... - ... - ... - 2 - ... - ...
369 - Relicanth - Water/Rock    - 1 - ... - 1 - ... - ... - ...
370 - Luvdisc   - Water         - ... - ... - ... - ... - ... - 1
371 - Bagon     - Dragon        - ... - 1 - ... - ... - ... - ...
372 - Shelgon   - Dragon        - ... - ... - 2 - ... - ... - ...
373 - Salamence - Dragon/Flying - ... - 3 - ... - ... - ... - ...
374 - Beldum    - Steel/Psychic - ... - ... - 1 - ... - ... - ...
375 - Metang     - Steel/Psychic - ... - ... - 2 - ... - ... - ...
376 - Metagross - Steel/Psychic - ... - ... - 3 - ... - ... - ...
377 - Regirock   - Rock          - ... - ... - 3 - ... - ... - ...
378 - Regice     - Ice           - ... - ... - ... - ... - 3 - ...
379 - Registeel - Steel         - ... - ... - 2 - ... - 1 - ...
380 - Latias     - Psychic/Dragon - ... - ... - ... - ... - 3 - ...

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=====
Num - Name      - TYPE          - HP - ATT - DEF - SAT - SDF - SPD
=====
381 - Latios    - Psychic/Dragon - ... - ... - ... - 3 - ... - ...
382 - Kyogre     - Water         - ... - ... - ... - 3 - ... - ...
383 - Groudon    - Ground        - ... - 3 - ... - ... - ... - ...
384 - Rayquaza   - Dragon/Flying - ... - 2 - ... - 1 - ... - ...
385 - Jirachi    - Steel/Psychic - 3 - ... - ... - ... - ... - ...
386 - Deoxys     - Psychic       - ... - 1 - ... - 1 - ... - 1

```

<<<< Good EV training spots >>>>

** This section comes directly from Amazing Ampharos' Reference FAQ. **

[FRLG EV training spots(wild)]

<< HP >>

Three island port through cave(after national Pokedex) Dunsparce(1 HP EV)
Ruin Valley Water LG only Marill(2 HP EVs)

Ruin Valley Water FR only Wooper(1 HP EV)
Route 6, 22, 23, 25 Water LG only Slowpoke(1 HP EV)
Viridian City Water LG only Slowpoke(1 HP EV)
Fuchsia City LG only Slowpoke(1 HP EV)
Four Island LG only Marill(2 HP EVs) Slowpoke(1 HP EV)

<< Attack >>

Mt. Moon B1 Paras(1 Attack EV)

<< Defense >>

Route 21 grass Tangela(1 Defense EV)

<< Speed >>

Diglett's Cave Diglett(1 Speed EV) Dugtrio(2 Speed EVs)
Route 1 Pidgey(1 Speed EV) Rattata(1 Speed EV)
Altering Cave Zubat(1 Speed EV)

<< Special Attack >>

Pokemon tower Gastly(1 SA EV) Haunter(2 SA EVs) run from Cubone
Route 6, 22, 23, 25 Water FR only Psyduck(1 SA EV)
Mt. Ember B3 Slugma(1 SA EV)
Viridian City Water FR only Psyduck(1 SA EV)
Fuchsia City FR only Psyduck(1 SA EV)
Unknown Dungeon FR only Psyduck(1 SA EV) Golduck(2 SA EVs)

<< Special Defense >>

Kindle Road Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Treasure Beach Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Bond Bridge Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Outcast Island Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Green Path Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Water Path Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Trainer Tower Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)
Tanoby Ruins Water Tentacool(1 SD EV) Tentacruel(2 SD EVs) Mantine(2 SD EVs)
Route 4 ,10, 11, 12, 13, 19, 20, 21, 24 Water Tentacool(1 SD EV)
Pallet Town Water Tentacool(1 SD EV)
Cerulean City Water Tentacool(1 SD EV)
Cinnabar Island Water Tentacool(1 SD EV)
One Island Water Tentacool(1 SD EV) Tentacruel(2 SD EVs)

[FRLG vs. seeker EVs *special thanks to Jiggy37*]

<< Route 6 >>

Picnicker Isabelle (final team): Lv. 47 Pidgeotto, Lv. 47 Pidgeotto,
Lv. 50 Pidgeot (total: 7 Speed)

<< Route 11 >>

Engineer Bernie (final team): Lv. 28 Magnetron, Lv. 28 Magnetron,
Lv. 28 Magnetron (total: 6 Special Attack)
Youngster Yasu (final team): Lv. 47 Raticate, Lv. 47 Raticate,
Lv. 47 Raticate (total: 6 Speed)

<< Cycling Road >>

Biker Ruben (final team): Lv. 48 Weezing, Lv. 48 Weezing,
Lv. 48 Weezing (total: 6 Defense)
Biker Virgil (only team): Lv. 28 Weezing, Lv. 28 Weezing,
Lv. 28 Koffing (total: 5 Defense)

Cue Ball Isaiah (final team): Lv. 49 Machoke, Lv. 49 Machop (total: 5 Attack)

Cue Ball Jamal (only team): Lv. 26 Mankey, Lv. 26 Mankey, Lv. 26 Machop,
Lv. 26 Machop (total: 6 Attack)
Cue Ball Corey (final team): Lv. 49 Primeape, Lv. 49 Machop (total: 5 Attack)
Biker William (only team): Lv. 25 Koffing, Lv. 25 Koffing, Lv. 25 Koffing,
Lv. 25 Weezing, Lv. 25 Weezing (total: 7 Defense)

<< Route 13 >>

Picnicker Susie (final team): Lv. 52 Pidgeot, Lv. 52 Raichu, Lv. 52 Persian,
Lv. 52 Persian, Lv. 52 Raticate (total: 12 Speed)
Bird Keeper Robert (final team): Lv. 47 Pidgeot, Lv. 47 Pidgeot, Lv. 47 Fearow,
Lv. 47 Fearow (total: 10 Speed)

<< Route 15 >>

Bird Keeper Chester (final team): Lv. 48 Dodrio, Lv. 48 Dodrio, Lv. 48 Dodrio
(total: 6 Attack)
Picnicker Becky (final team): Lv. 54 Raichu, Lv. 54 Raichu (total: 6 Speed)

<< Route 18 >>

Bird Keeper Jacob (final team): Lv. 47 Fearow, Lv. 47 Fearow, Lv. 47 Fearow,
Lv. 47 Fearow (total: 8 Speed)

<< Route 21 >>

Fisherman Ronald: Lv. 28 Seaking, Lv. 28 Goldeen, Lv. 28 Seaking,
Lv. 28 Seaking (total: 7 Attack)

<< Kindle Road >>

Black Belt Hugh (final team): Lv. 55 Machoke, Lv. 55 Machop (total: 5 Attack)
Black Belt Shea (final team): Lv. 55 Machoke, Lv. 55 Machop (total: 5 Attack)
Fisherman Tommy: Lv. 33 Goldeen, Lv. 33 Goldeen, Lv. 35 Seaking,
Lv. 35 Seaking, Lv. 35 Seaking (total: 8 Attack)

<< Bond Bridge >>

Tuber Amira (final team): Lv. 47 Poliwhirl, Lv. 47 Poliwhirl, Lv. 47 Poliwhirl
(total: 6 Speed)

<< Sevault Canyon >>

Aroma Lady Miah (only team): Lv. 50 Bellossom, Lv. 50 Bellossom
(total: 6 Special Defense)
PKMN Ranger Nicolas (final team): Lv. 55 Victreebel, Lv. 55 Victreebel
(total: 6 Attack)
PKMN Ranger Madeline (final team): Lv. 55 Vileplume, Lv. 55 Vileplume
(total: 6 Special Attack)

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<<<<< The End >>>>>

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And finally, in the words of the detective
known only as Columbo, just one more thing.

Although most of the material in this guide was borrowed from other sources, I would greatly appreciate it if it were not distributed, altered, or modified in any way, without my knowledge or permission, or at the very least, if you are going to use anything from this guide, be sure to give me, or my sources, credit. Thank you.

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