

Super Smash Bros Melee Food FAQ

by Wraith10

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Super Smash Bros: Melee

FOOD GUIDE

Version 1.6

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Wraith10 wraith_10@hotmail.com

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Purpose

The purpose of this guide is to explore the different food items available in Super Smash Bros: Melee. The food items can be confusing to many people as each item of food restores a unique amount of health. A common rule of thumb applied is that the larger the item in real life the more health it restores in the game. This rule is largely true, but through experimentation I have been able to determine the exact amount of health restored by each item. All the items shown if the food picture in the guidebook have been accounted for. I did not use a guidebook to obtain the percentages, I experimented myself.

Your Job

Your job is to enjoy this FAQ because it was written for gamers like you. Please let me know if you find any errors so these can be corrected. Also if you have any idea of what the foods with the question marks after them are please let me know. Or if I have improperly identified something.

Food Trophy Description

Trophy obtained by playing over 1000 vs. mode matches:

"These food items will restore your health when you eat them. There are 28 different types of food, and the nutritional value and yumminess quotient differs slightly with each type. Party Balls tend to hold the largest amount of food items. You may be vulnerable when gorging yourself, but you do need to eat to survive."

Contact Me

Let me know if you can identify any of the mystery foods, if you find any mistakes in the guide, or if you have anything you want added or clarified. Please put "Smash Bros FAQ" or something similar in the subject line so I don't think it's junk mail. If you do not get a reply or see your changes implemented within 2 weeks, and haven't gotten a reply your email may have been sent to my junk mail folder by mistake, feel free to try again.

Questions, Comments, Corrections: wraith_10@hotmail.com

Version History

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- 1.0 - First Edition
 - 1.1 - Spell Checked and Submitted
 - 1.2 - 2 new items added at the bottom, 1 credit added
 - 1.3 - credit updated, percents added for 2 new items
 - 1.4 - credit updated, name changes for the following items: (credit: Shaft)
 - Rice Snack = Rice Balls
 - Beans = Sesame Chicken
 - Hamburger = Burger (changed back after official translation see version 1.5)
 - Shish Kabob = Shish Kabob? (changed in version 1.5 to sweet dumpling)
 - 1.5 - credit updated, name changes for the following itmes:(credit:TomatoThief)
 - confirmed donut is a donut
 - confirmed melon is a melon
 - burger is a hamburger
 - "noodle dish" is a beef bowl (beef soup)
 - "dinner" tray is actually a noodle tray
 - "bowl of food" is actually curry rice
 - "gourmet plate" is actually an omelette
 - "popsicle/shish kabob" is actually a sweet dumpling
 - "wine" is acutally juice in a wine glass
 - TomatoThief translated these from the Japanese Smash Bros Website
 - 1.6 - credit updated, name added Nick14578
 - "pasta" is actually chinese rice

Additional Information

All of the information collected in this guide was obtained by me personally unless otherwise stated in the credits section of this FAQ directly following the food guide. I have tried to make sure that all the information collected is completely accurate but mistakes can happen so please let me know if you find one.

Food Guide

[note: items with question marks indicate that I am unsure as to what they are]

Food Item	Description of Item	Damage % it restores
Cheese	yellow-orange wedge shape	3
Grapes	purple triangular clusters	4
Donut	donut shaped, half red-brown, half yellow	4
Beef Bowl	white bowl, brown filled, with bits of red	7
Watermelon	light/dark green striped	6
Ice Cream	beige cone with white ice cream	3
Pizza	brown/yellow/orange oval shaped	8
Melon	green circle w/ stem that forks in 2 directions	6
Banana Bunch	bunch of yellow bananas (3)	5
Chinese rice	white/brown dish, white/green/yellow rice/sauce	7
Sushi Platter	tray w/ green seaweed & different sushi	8
Sweet Dumpling	red, white, green balls on a stick	3
Rice Balls	white triangle w/ black square	6
Orange	orange circle	4
Noodle Tray	square container of rice, drink, desert thing	5
Hamburger	sesame seed bun w/ cheese, lettuce, meat	6
Turkey	turkey on plate w/ greens	7
Curry Rice	white/red bowl, w/ greens, sliced meat/potatoes	7
Cup of Coffee	white cup/saucer, coffee with cream	2
Milk Carton	blue/white milk carton	5
Spaghetti	white bowl, pasta, tomato sauce	6
Omelette	white plate, beige roll, red sauce, greens	7

Strawberry	red triangle with green steam/leaves	3
Mushroom	dark brown with stem	5
Juice	wine glass with yellow liquid	3
Sesame Chicken	white bowl with brown lumps, sesame seeds	7
Apple	red circle with stem	5
Meatloaf	rectangular pan with brown filling	9

Additional Items (not technically food)

Apples from the kirby dreamland stage with the tree (red apples)	8
Some Chansey eggs (white/pink eggs)	7

Credits

Nintendo: For making Super Smash Bros: Melee and the Gamecube
GameFAQS: For posting this FAQ
Wraith10: That's me! For writing this FAQ
You: For reading this FAQ, and verifying its contents
Alphagold123@aol.com: chansey eggs and apples in kirby dreamland, and % or them
Shaft: name changes made in version 1.4 (see version history)
TomatoThief: name changes made in version 1.5 (see version history)
Nick14578: name change made in version 1.6 (see version history)
more to come as people send me information

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