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              Cooking                                           [CKIN2]
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Cooking food in Tales of Eternia allows the user to gain something (e.g. Recover HP or TP). The items for Cooking can be bought at a shop in each town. Cooking won't use up any of your TP, and it has the effects of using TP to heal aswell. Cooking is basically a way to heal with money...

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~-----~
              Auto-Cooking                                       [ATCK2]
~-----~

```

Auto-cooking will cook an item when ever you meet the requirements set (that you decide). It will stop when there is one or more of the food items required to cook that recipe are not available or when you tell it to stop auto-cooking. You can ONLY cook one recipe per battle.

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~-----~
              Wonder Chef                                       [WNCF2]
~-----~

```

He is the way you get your recipes. You find him in various places and in various disguises, and when you talk to him he gives you a recipe. After talking to him in that place he goes "Poof!" and vanishes. The "Location" of each recipe (below) tells you his disguise and where he can be found.

The Wonder Chef can ONLY give you the first 27 recipes. The recipes from 28 to 35 have to be learnt by mastering the learnt recipes. Recipe 36 is there from the start and has no connection to the Wonder Chef.

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~-----~
              Recipes                                           [RCPS2]
~-----~

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-----\
|#1                \_____
|                Hamburger \
| Required Ingredients - 1 Bread
|                      1 Bear Meat
|                      1 Lettuce
| Description - Combination of bread and broiled meat patty.
|                      Restores minimal ally HP.
| Effects -
| How to Obtain - Pink Flower at the Cafeteria in Minchte.
|_____

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|#2                \_____
|                Sandwich \
| Required Ingredients - 1 Bread
|                      1 Cheese
|                      1 Lettuce
| Description - Layers and layers of your favourite topping.
|                      Restores some ally HP.
| Effects -
| How to Obtain - Piggy Bank at a house in Rasheans.
|_____

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|#3 \ _____ \
| Seafood Pasta \
| Required Ingredients - 1 Pasta \
| 1 Shrimp \
| 1 Squid \
| 1 Tomato \
| Description - A spaghetti full of assortment of sea creatures.
| Restores large amounts of ally HP.
| Effects -
| How to Obtain - Wine Bottle at the Chambard Bistro in Chambard.
| _____ |

|#4 \ _____ \
| Fruit Juice \
| Required Ingredients - 1 Kirima \
| 1 Lemon \
| 1 Strawberry \
| Description - A juice full of vitamins and natural sweetness.
| Restores minimal ally TP.
| Effects -
| How to Obtain - Treasure Chest in a House in Morle.
| _____ |

|#5 \ _____ \
| Garden Salad \
| Required Ingredients - 1 Lettuce \
| 1 Cucumber \
| 1 Tomato \
| Description - A bowl full of all kinds of vegetables.
| Restores some ally TP.
| Effects -
| How to Obtain - Pumpkin in a Food Shop in Morle.
| _____ |

|#6 \ _____ \
| Softcake \
| Required Ingredients - 1 Egg \
| 1 Milk \
| 1 Kirima \
| 1 Strawberry \
| Description - An exquisite combo of strawberries and cream.
| Restores large amount of ally TP.
| Effects -
| How to Obtain - Plant in the Playhouse in Inferia.
| _____ |

|#7 \ _____ \
| Calamari \
| Required Ingredients - 1 Squid \
| 1 Cabbage \
| 1 Lemon \
| Description - Squid fried to perfection in oil.
| Restores minimal ally HP. Cures Poison.
| Effects -

| How to Obtain - Crate in Port Barole in Barole.

| #8

| Steak

| Required Ingredients - 1 Bear Meat

| 1 Potato

| 1 Carrot

| Description - Thick cuts of meat cooked to perfection.

| Restores minimal ally HP. Cures Stun.

| Effects -

| How to Obtain - A "man" in pink sleeping at the top part of the bar in Barole.

| [How to Obtain information by VeghEsther]

| #9

| Beef Stew

| Required Ingredients - 1 Bear Meat

| 1 Carrot

| 1 Cabbage

| Description - A pot full of boiled meat.

| Temporarily increases Attack. Restores minimal ally HP.

| Effects -

| How to Obtain - Pot in Regulus Dojo.

| #10

| Fish Stew

| Required Ingredients - 1 Squid

| 1 Tuna

| 1 Cabbage

| 1 Radish

| Description - A standard dish of seafarers.

| Temporarily increases defense. Restores minimal ally HP.

| Effects -

| How to Obtain - Anchor in Inferia Ship Chandler Shop in Inferia.

| #11

| Omelette

| Required Ingredients - 1 Rice

| 1 Egg

| 1 Onion

| Description - An egg-based dish loved by both children and adults.

| Cures all abnormal states.

| Effects - All negative (abnormal states) stats for this dish includes dead party members since it revives all of them at once.

| How to Obtain - Check the suit of armor in Rashean's Item shop.

| [Effects and How to Obtain information by VeghEsther]

| #12

| Pot Pie

| Required Ingredients - 1 Pasta

| 1 Milk

| 1 Shrimp
| 1 Cheese
| Description - A baked delight.
| Restores minimal ally HP. Temporarily increases Accuracy.
| Effects -
| How to Obtain -
|_____

|#13 _____ \
| Carbonara \
| Required Ingredients - 1 Pasta
| 1 Egg
| 1 Cheese
| 1 Milk
| 1 Bear Meat
| Description - A type of pasta rich in protein.
| Restores large amount of ally HP and TP.
| Effects -
| How to Obtain -
|_____

|#14 _____ \
| Cream Stew \
| Required Ingredients - 1 Bear Meat
| 1 Milk
| 1 Carrot
| 1 Potato
| 1 Onion
| Description - Serve it hot!
| Restores large amount of ally HP. Cures all abnormal status.
| Effects -
| How to Obtain -
|_____

|#15 _____ \
| Honey Ramen \
| Required Ingredients - 1 Panyan
| 1 Cabbage
| 1 White Satay
| Description - A combination of noodles and secret soup.
| Restores minimal ally HP.
| Effects -
| How to Obtain -
|_____

|#16 _____ \
| Broiled Sandwich \
| Required Ingredients - 1 Rice
| 1 Tusk Meat
| 1 Onion
| 1 Black Satay
| Description - Toasty, rich, and filling!
| Restores some ally HP.
| Effects -
| How to Obtain - Ship Chandler Tinsea Miacis Statue.
| [How to Obtain information by VeghEsther]

| #17

| Cold Noodles

| Required Ingredients - 1 Panyan
| 1 Egg
| 1 Tusk Meat
| 1 Cucumber
| 1 Red Satay

| Description - Great for those sizzling hot days.
| Restores large amount of ally HP.

| Effects -

| How to Obtain - Peruti after Celcius is beaten Black Statue (area where the
| shop where you bought freeze charms etc is.)
| [How to Obtain information by VeghEsther]

| #18

| Fruit Cocktail

| Required Ingredients - 1 Milk
| 1 Amango
| 1 Banana
| 1 White Satay

| Description - A bowl full of color and sweetness.
| Restores minimal ally TP.

| Effects -

| How to Obtain - Big Book in Imen Library must do before entering Gnome Mines
| since once Hyades destroys the town you permanently miss this
| dish after this happens.
| [How to Obtain information by VeghEsther]

| #19

| Spicy Shrimp

| Required Ingredients - 1 Shrimp
| 1 Tomato
| 1 Red Satay

| Description - The shrimps will tingle your taste buds!
| Restores some ally TP.

| Effects -

| How to Obtain - Peruti Fish Shop Barrel/Hot Water Boiler. Must get before
| beating Celcius once she dies you permanently miss this dish.
| [How to Obtain information by VeghEsther]

| #20

| Sweet Parfait

| Required Ingredients - 1 Milk
| 1 Banana
| 1 Amango
| 1 Kiwi
| 1 White Satay

| Description - A symphony of various fruits.
| Restores large amount of ally TP.

| Effects -

| How to Obtain - Tinsea Inn Stuffed Bird in the left corner.

#21

Hot Borsch

Required Ingredients - 1 Beet

1 Cabbage

1 Potato

1 Red Satay

Description - Stew of passion. Don't forget the beet!

Restores some ally HP. Cures Infirmity.

Effects -

How to Obtain - Lushika ruined building outside in a wooden box. Must talk to Galenos first to get it.

[How to Obtain information by VeghEsther]

#22

Bitter Tofu

Required Ingredients - 1 Tofu

1 Tusk Meat

1 Red Satay

1 Black Satay

Description - Bitter but good.

Restores minimal ally TP. Temporarily increases Defense.

Effects -

How to Obtain - Lushika first floor bedroom green trashcan. Gotten same way as Hot Borsh talk to Galenos first.

[How to Obtain information by VeghEsther]

#23

Hot Pot

Required Ingredients - 1 Egg

1 Radish

1 Konia

1 Red Satay

Description - Hot! Hot! Hot!

Restores minimal ally TP. Temporarily increases Attack.

Effects -

How to Obtain - Jini Casino bottom slot machine.

[How to Obtain information by VeghEsther]

#24

Chili Potato

Required Ingredients - 1 Potato

1 Onion

1 Carrot

1 Red Satay

Description - Sweet and spicy!

Restores minimal ally TP. Temporarily increases Resistance.

Effects -

How to Obtain - Jini auction house picture frame and top corner.

[How to Obtain information by VeghEsther]

|#25 \ _____ \

| Sushi \

| Required Ingredients - 1 Rice

| 1 Tuna

| 1 Shrimp

| 1 Black Satay

| Description - Seafood lovers' delight.

| Restores minimal ally TP. Temporarily increases Accuracy.

| Effects -

| How to Obtain - Peruti Inn snowman must get before Celcius dies as well else

| you can't once she's beaten.

| [How to Obtain information by VeghEsther]

|#26 \ _____ \

| Hot Curry \

| Required Ingredients - 1 Tusk Meat

| 1 Carrot

| 1 Potato

| 1 Rice

| 1 Red Satay

| Description - Golden combination that hits the spot.

| Restores large amount of ally HP and TP.

| Effects -

| How to Obtain - Jini Bookstore Frog.

| [How to Obtain information by VeghEsther]

|#27 \ _____ \

| Sweet Rice \

| Required Ingredients - 1 Tusk Meat

| 1 Tomato

| 1 Onion

| 1 Rice

| 1 White Satay

| Description - Mom's sweet cookin'.

| Restores large amount of ally HP. Removes all abnormalities.

| Effects -

| How to Obtain - Meredy's Bedroom robot after farah wakes up. Must get at the

| same time as #18 else once Hyades destroys the town its too

| late.

| [How to Obtain information by VeghEsther]

|#28 \ _____ \

| Fruit Sandwich \

| Required Ingredients - 1 Bread,

| 1 Strawberry

| 1 Kiwi

| 1 Milk

| 1 Purple Satay

| Description -

| Effects - 100% HP and TP restoration.

| How to Obtain - Sandwich, Soft Cake and Fruit Cocktail

| [Effects information by VeghEsther]

|#29

| Nutrition Drink

| Required Ingredients - 1 Tusk Meat

| 1 Tomato

| 1 Lemon

| 1 Beet

| 1 Purple Satay

| Description -

| Effects - 100% TP restoration + remove poison.

| How to Obtain - Steak, Fruit Juice and Garden Salad

| [Effects information by VeghEsther]

|#30

| Power Noodles

| Required Ingredients - 1 Panyan

| 1 Rice

| 1 Bear Meat

| 1 Onion

| 1 Purple Satay

| Description -

| Effects - 100% HP cures infirmity (all negative stats save dead party members.)

| How to Obtain - Hamburger, Honey Ramen and Broiled Sandwich

| [Effects information by VeghEsther]

|#31

| Seafood Stew

| Required Ingredients - 1 Tusk Meat

| 1 Tuna

| 1 Squid

| 1 Kirima

| 1 Radish

| 1 Purple Satay

| Description -

| Effects - 100% HP and TP restoration and remove all negative effects (includes dead party members.)

| How to Obtain - Beef stew, Fish Stew and Hot Pot

| [Effects information by VeghEsther]

|#32

| Potato Casserole

| Required Ingredients - 1 Potato

| 1 Bear Meat

| 1 Rice

| 1 Milk

| 1 Cheese

| 1 Purple Satay

| Description -

| Effects - Max HP +1 (totaly worthless since a craymel arts fringe does the same thing.)

| How to Obtain - Master Chili Potato, Omelette and Pot Pie

#33

Mabo Curry

- Required Ingredients - 1 Rice
- 1 Tusk Meat
- 1 Tomato
- 1 Kirima
- 1 Tofu
- 1 Purple Satay

Description -
 Effects - Max TP +1 (also worthless since Mental Up via craymel arts fringing
 does the same thing.)

How to Obtain - Sweet Rice, Bitter Tofu, Hot Curry and Sweet Parfait
 [Effects information by VeghEsther]

#34

Spicy Soup

- Required Ingredients - 1 Pasta
- 1 Carrot
- 1 Onion
- 1 Bear Meat
- 1 Purple Satay

Description -
 Effects - 30% HP restoration + Attack power increase for 1 battle.

How to Obtain - Hot Borsch, Cold Noodles and Seafood Pasta
 [Effects information by VeghEsther]

#35

Tuna Paella

- Required Ingredients - 1 Rice
- 1 Shrimp
- 1 Squid
- 1 Tuna
- 1 Purple Satay

Description -
 Effects - 30% HP restoration and both attack power and physical defense up 1
 battle.

How to Obtain - All Recipes from 1-27 (The ones recieved from the Wonder Chef)
 [Effects information by VeghEsther]

#36

Dark Pot

Required Ingredients - Uses 4 random different ingredients.
 Description - A pot full of mysterious secrets.
 Unknown effects.

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Glossary

Nothing so far.

FAQ [Frequently Asked Questions]

Any question asked will be added to the FAQ so that it can help people in the future.

You can find the question's answer by searching the question.

Credits

Well, I want to thank mainly CJayC for looking after GameFAQs and for uploading this guide and for the great thing that GameFAQs is right now. GameFAQs is the only thing keeping people making and sending in game guides for free use.

- CJayC: He owns GameFAQs
- Microsoft Work: Making the world a better place, or is it?
- VeghEsther: 23 contributions! A great help! Thanks :)

If you're not on this list, I must have forgotten to add you. It is most unlikely that this is the case, but it does happen. Then please contact me. Well check out the Contact Me section for that.

Contacting Me

Contact me via e-mail at sutehk@gmail.com PLEASE PUT TALES OF ETERNIA FAQ OR SOMETHING LIKE THAT IN THE HEADER OF THE E-MAIL!

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